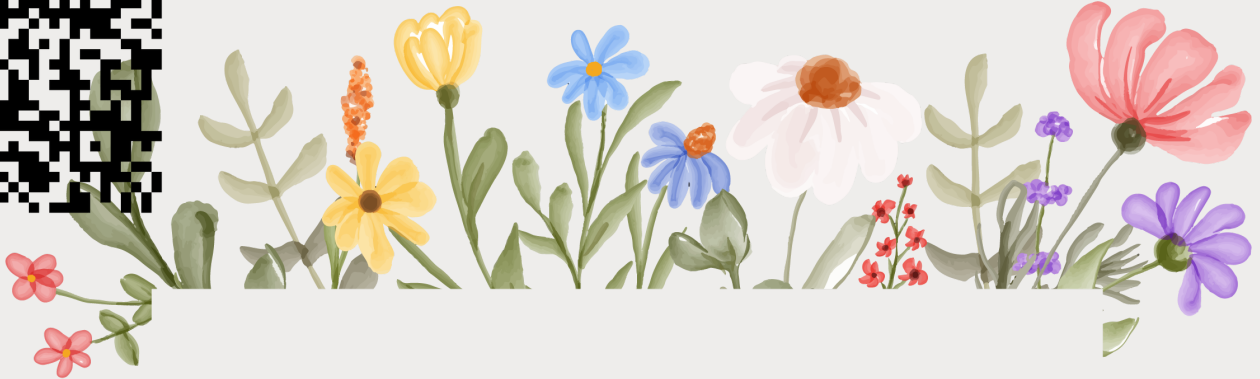


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SPRING RENEWAL YOGA FLOW



SUNDAY, MARCH 24, 10-11:30 A.M.

AT HIGH PEAKS YOGA SHALA

Embrace the energy of the new season with a rejuvenating practice focused on renewal, growth, and letting go of the old.

Hosted by whollybanAnna Yoga & Wellness at High Peaks Yoga Shala